

---

# Healthcare Oversight and Coordination Plan

Targeted Plan for:

FFYs 2025-2029 Child and Family Services Plan and  
FFY 2026 Annual Progress and Services Report

---



Utah Department of  
**Health & Human Services**  
Child & Family Services

June 30, 2025

## Table of Contents

Introduction	3
Progress and Accomplishments in Implementing the Healthcare Oversight and Coordination Plan	3
Changes to the Healthcare Oversight and Coordination Plan	4

## Introduction

The Healthcare Coordination and Oversight Plan is a component of the Utah Division of Child and Family Services (DCFS) FFY 2025-2029 Child and Family Services Plan (CFSP). The plan was developed in conjunction with the Department Health and Human Services (DHHS). This Annual Progress and Services (APSR) report is an update on the Healthcare Coordination and Oversight Plan. The APSR update includes progress and accomplishments in implementing the plan and identifies changes made to the plan.

## Progress and Accomplishments in Implementing the Healthcare Oversight and Coordination Plan

Healthcare oversight and coordination has been implemented according to the Health Care Oversight and Coordination Plan submitted in June 2024.

### *CFSR+ Results*

- DCFS FFY 2024 CFR+ results for the physical health needs of children in foster care, including dental needs, were met 89% of the time, essentially equivalent to the prior year.
- Mental and behavioral health needs of children in foster care were met 74% of the time, exceeding prior year results of 54%.

### *Utah Psychotropic Oversight Program*

- Since the start of UPOP in 2017, UPOP has seen a steady decline in cases with complex polypharmacy (the use of 5+ medications). The decline in polypharmacy cases has been from 25% to 14% of cases and was first reached in 2022. This decline has continued to hold steady each year since 2022.
- Additionally, data analysis from 2019 to 2022, found a decline in prescribed antipsychotic medications from 48.5% in 2019 to 38.7% in 2022. This decline has also continued to hold steady each year since 2022.
- UPOP is required to review 90% of qualifying cases. Since 2019, UPOP has reviewed an average 95% of qualifying cases each year.

Please see the table below for FFY 2020-2024 UPOP data.

UPOP Case Reviews and Consultations with Prescribing Physicians				
FFY	Total Reviews	Complex Reviews	Under Age 7 Reviews	Consultations
2020 <sup>1</sup>	2,014	387	187	80
2021	2,229	323	253	237
2022	2,039	246	212	216
2023	1,902	205	167	221
2024 <sup>2</sup>	1,793	254	187	280
TOTALS <sup>3</sup>	9,977	1,415	1,006	1,034

NOTES: <sup>1</sup>DCFS began recording UPOP data in SAFE in 2020. <sup>2</sup>In 2024, UPOP began providing the complex review data for this report. <sup>3</sup>One case may have multiple reviews and/or consultations within one year.

## Changes to the Healthcare Oversight and Coordination Plan

The following changes have been made to the Healthcare Oversight and Coordination Plan.

### *Children with Disabilities*

- DCFS in the process of finalizing a new Interagency Agreement with the Utah Division of Services for People with Disabilities (DSPD) that allows qualifying foster care children to access the Community Supports Medicaid waiver for Intellectual Disabilities Supports and Services.
  - This agreement allows qualifying children to remain in a community-based foster family home or group home with needed habilitative supports and services.

### *Utah Psychotropic Oversight Program (UPOP)*

- Utah 2024 legislation made UPOP permanent and moved its operations from DCFS to the Division of Medicaid.
  - The Division of Medicaid and the University of Utah are in the final stages of a contract that will outline UPOP requirements.
  - UPOP continues to coordinate with Medicaid during this time of transition.
- All medications prescribed for a child in custody are tracked in the child’s CCWIS SAFE medical record. This record provides a history of current and past medications.